How do you find the strength to fight for counselling for your traumatised children when you’re speechless with shock and grief? As a family it’s assumed you will cope, but nobody checks.”

Nicole.

Chris and Nicole Taylor, with children Beccy (L-R), Nick and Jess. Beccy died when her car skidded on water aged 18.

www.brake.org.uk/justiceandsupport
“You are led through the motions, but no one tells you about the gaping blackhole that engulfs your family home once you close the front door. You’re told about court procedures and dates, but no one tells you how to tell a six year old his big brother is dead.”

Louise.
“I was stricken with grief. I’d lost my greatest love and best friend. But our kids were grieving too. You can’t rely on family and friends for months on end. You’re left wondering how on earth you are meant to cope.”

Paul.