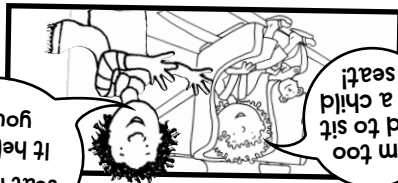


Children should use a suitably sized child seat until they are 150cm tall. Help your child to understand that their seat is special - it helps keep them safe



Your child seat is special. It helps keep you safe.

I'm too old to sit in a child seat!



Find out more about safe and sustainable travel for your family at brakezebras.org/families



Love from [name of child]

Thank you.

3. Never use your phone while driving.

a seat belt.

2. Always make sure everyone in the car is wearing

1. Always make sure I am buckled up in a suitable child seat.

Please help to keep me safe when we are driving in the car.

Dear [name of grown ups]

A postcard from:

Name of child

[Blank box for address]

I will always sit buckled up in my child seat

